



Public Health
England

Sustainable Food Cities Conference

13 June 2019

PHE Whole systems approach to
obesity programme

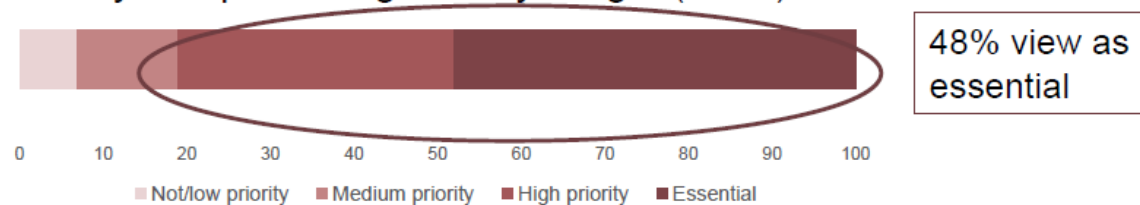
Margie van Dijk, Diet, Obesity and Physical
Activity, PHE



Background

- 2007 – Foresight tackling obesities report
- 2008-2011 - Healthy Towns Programme (evaluation 2016)
- 2010/2012 - NICE systematic reviews and guidance
- 2013 – DsPH/ADPH obesity survey

Advise and assist the promotion of a whole system approach to tackling obesity and promoting healthy weight (n=84)



WSO Programme Overview

- **Vision** - to provide a tried and tested approach and tools, so that within 5 years every local authority can create a local whole systems approach to tackling obesity
- 4 year PHE/ADPH/LGA programme – managed by Leeds Beckett University
- Key outputs -

Published elected members briefing:
[Making obesity everybody's business](#)

Systematic review: [Whole systems approaches to obesity and other complex public health challenges: a systematic review](#)

- Step by step guide, tools and resources





Co-development Process

Step 1 Co-development

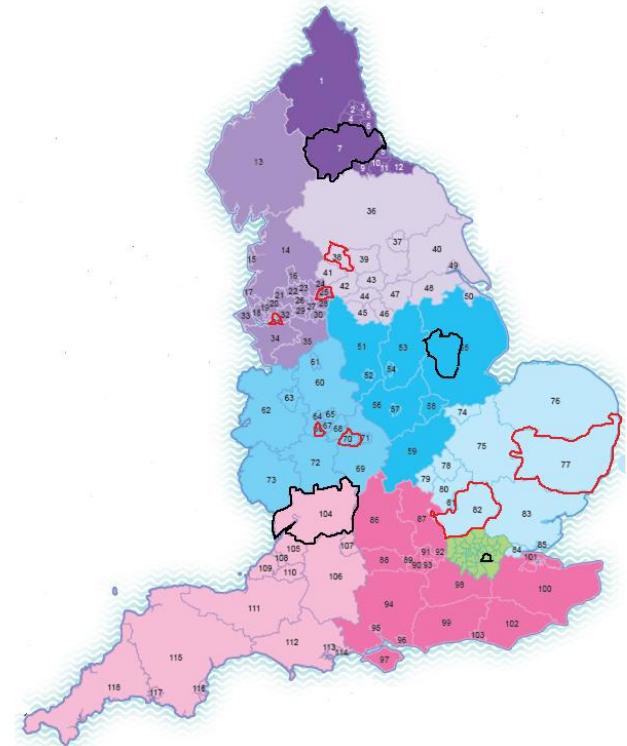
Lewisham, Gloucestershire, North
Kesteven and Durham

Step 2 Testing and evaluation

Oldham, Halton, Bradford, Solihull,
Dudley, Hertfordshire and Suffolk

Step 3 Review

> 80 LAs expressed interest



_____ Original Pilots
_____ Additional LAs

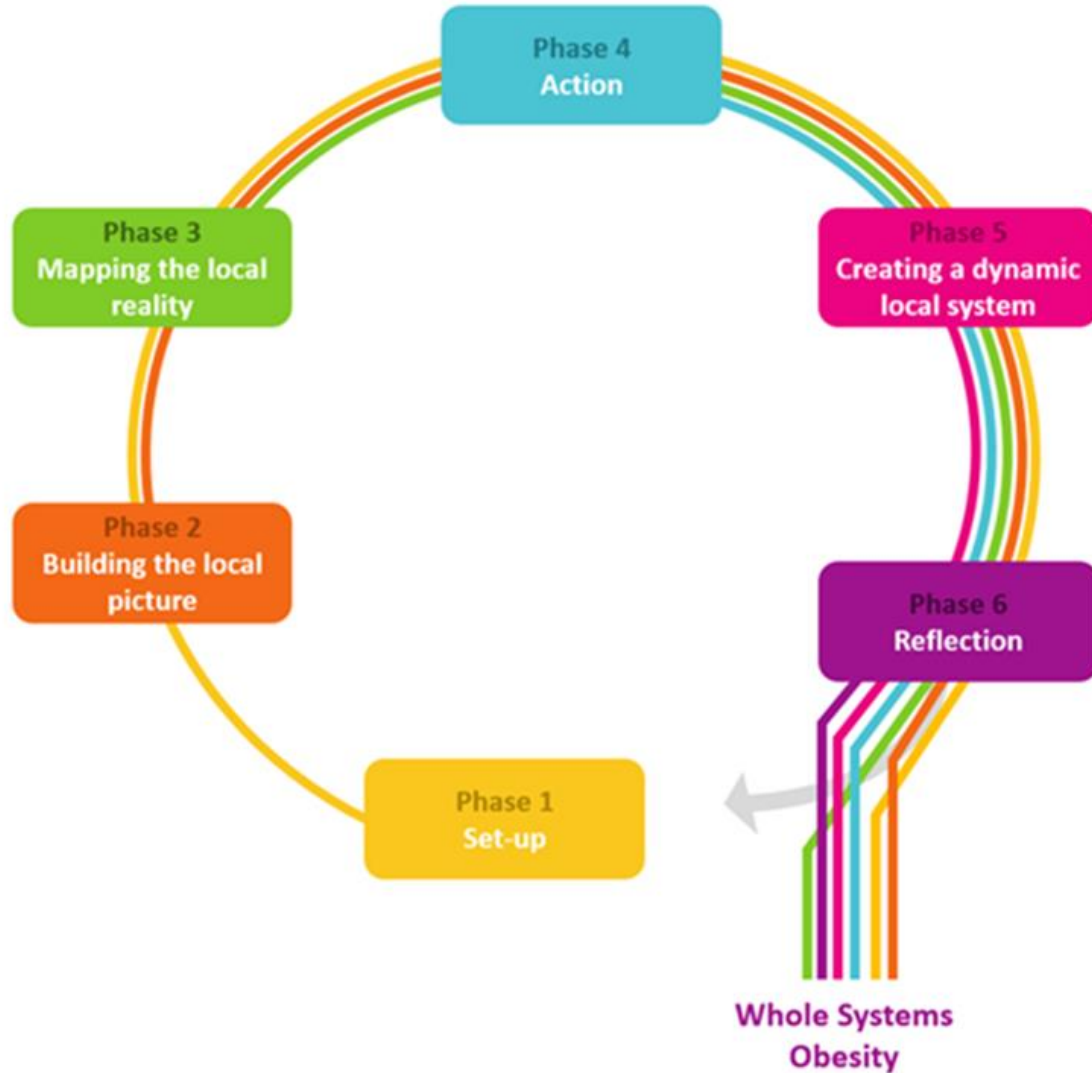


Whole system approach- programme definition

- responds to complexity through an ongoing, dynamic and flexible way of working
- enables stakeholders, including communities, to come together & share an understanding of the reality of the challenge
- consider how the system is operating and where there are the greatest opportunities for change
- stakeholders agree actions and decide as a network how to work together in an integrated way to bring about sustainable, long term change



WSO Route map





What's next and timelines

- **Now**– finalising guide in response to internal and external peer review
- **July 2019** – publication of national guide, resource, learning report through PHE Health Matters; plenary session at LGA CO conference
- **September 2019** – joint session with Sport England on whole systems approaches at PHE conference
- **Post- Publication support to local authorities and partners** – in development. To include webinars, and facilitating sharing learning across local areas
- **Ongoing** - share intelligence and learning with other programmes undertaking whole systems approaches – Trailblazer programme/Sport England LDP